

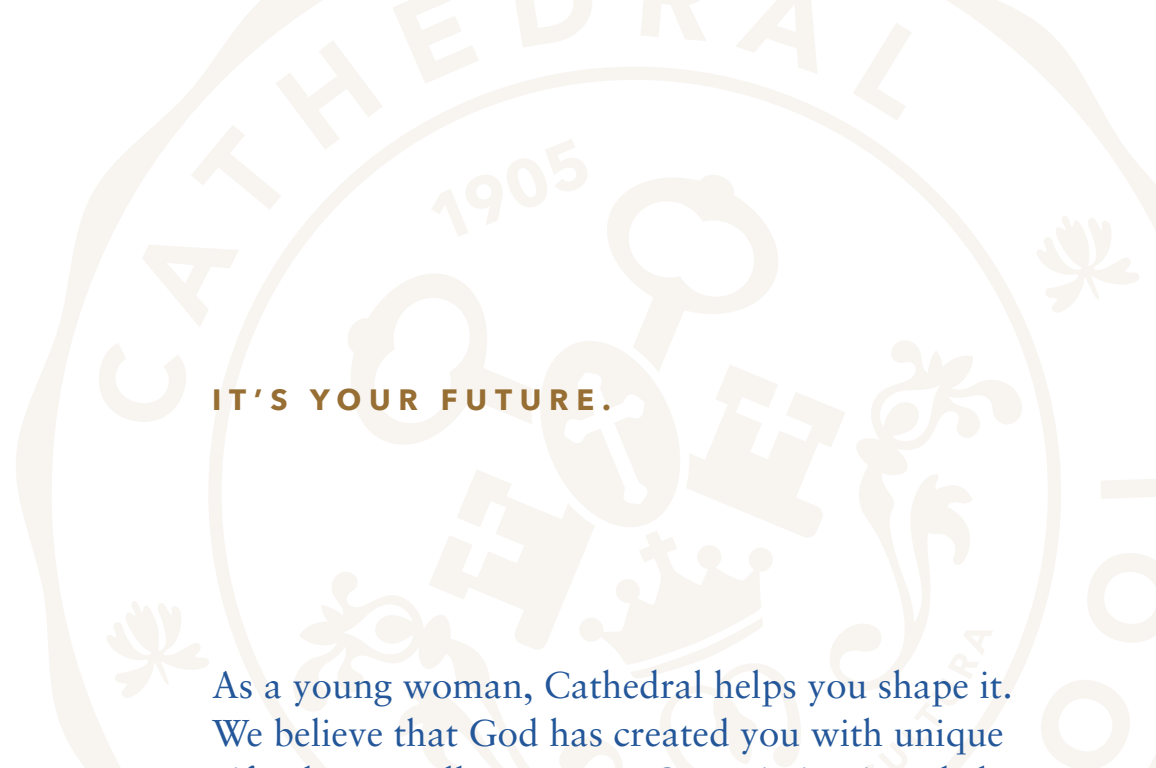
REACH HIGHER



Cathedral  
HIGH SCHOOL

*Belong. Believe. Become.*





**IT'S YOUR FUTURE.**

As a young woman, Cathedral helps you shape it. We believe that God has created you with unique gifts that are all your own. Our mission is to help you discover, cultivate, and share those gifts with the world. As a Catholic school in the Archdiocese of New York, we offer a college preparatory curriculum that takes a multi-dimensional approach. We nourish mind, body, and spirit with rigorous academics, sports, and extracurricular programs. With New York City as our home, our student body is just as vibrant and diverse. This way, you get a global perspective, melded with opportunities to learn and grow unlike any other. Here, you are part of a sisterhood to support you and lift you up. The future is yours.

Let's reach higher. *Together.*





**All-girls education** has many well-researched benefits. Students from all-girls schools demonstrate greater cultural competency, increased civic engagement, and higher self-confidence than co-educated peers. Girls take center stage at Cathedral High School, and we are uniquely equipped to prepare young women for life beyond the classroom.

“At the beginning, I was trepidatious to attend an all-girls school. But after just a few months, I fell in love with the environment. Being a part of the supportive sisterhood at Cathedral gives me the courage to take risks and the confidence to try new activities, languages, and sports!”

# Michelle Frimpong

**Class of 2025**

**400**

Young women

**68**

Years at Lexington and 51st Street

**20**

Languages Spoken

**50**

Years at First Avenue and 56th Street

**59**

Nationalities Represented

**1**

Year at 116 East 97th Street

**Students** come from all New York City Boroughs, as well as Long Island, Westchester, and New Jersey

**119**

Years in New York City

SINCE 1905, Cathedral High School has provided a transformative Catholic education to the daughters of immigrant families: an education that challenges them to fulfill their academic potential, inspires them to lead and serve their communities, and imbues them with a deep sense of their own human dignity.

Today, Cathedral High School maintains its commitment to educating any young woman who desires to persevere, grow, and thrive at Cathedral – any young woman who desires to reach higher! As a college preparatory school in the Archdiocese of New York, we offer a robust academic curriculum, a vibrant student life, and a culture of faith and Catholic values.

*“We believe that God has called each of our students into existence for the very purpose of sharing her particular gifts with the world. The whole Cathedral community is here to identify and cultivate those gifts and to walk with our young women during the joys and trials of these four years of their lives.”*

**JULIETTE PICCIANO**, President

**Belong**

Cathedral girls belong to a school community that affirms and inspires them. Fundamental to this experience is the bond of sisterhood. During their four years, Cathedral students form deep friendships with one another that often last a lifetime.

**Believe**

Cathedral girls believe that God has entrusted to them personal and intellectual gifts. They believe in each other’s potential and work to uplift and improve the world around them.

**Become**

Cathedral girls become women of purpose and conviction. They become women who are bold and confident yet open-minded. They embody a spirit of joy and gratitude and celebrate the diversity of the world God has created.



Beginning in freshman year, all Cathedralites receive one-on-one advising with a dedicated team of guidance and college counselors. Students receive extensive preparation at the very start of their time at Cathedral so that they are ready as seniors to pursue their college dreams.

“My favorite thing about Cathedral High School was the wealth of opportunities. I was active in many clubs, participated in service to the community, and held internships both in school and at BlackRock.

I left Cathedral feeling well-prepared to meet the challenges ahead.”

Amanda Mercado

**Class of 2022**

DURING THEIR TIME AT CATHEDRAL, students complete full New York State Regents standards, as well as additional coursework to enrich and enhance their education. Students can participate in a wide array of athletic, artistic, and extracurricular activities and have ample opportunities for service hours, internships, mentorships, retreats, and spiritual formation.

In all of their academic and personal pursuits, Cathedral students receive the guidance, preparation, and support necessary to achieve goals they never before thought possible.

A Cathedral education comprehensively prepares young women to navigate the college admissions process and launches them into successful college careers. Cathedral students participate in prestigious college scholarship programs, including The Gates Scholarship, the Ron Brown Scholar Program, Tom Joyner Scholarships, the Posse Scholar Program, Questbridge and The New York Times College Sponsorship Program. Cathedral graduates are accepted and matriculate into a wide array of colleges and universities, including:

**\$45 million +** in College Scholarships Awarded Annually



“Throughout my time here, I’ve experienced tremendous personal growth. My teachers, coaches, and peers at Cathedral have encouraged me to take on leadership roles and embrace new challenges. I am so grateful for the memories, friendships, and experiences of my time at Cathedral High School.”

Isabel Cabral

**Class of 2024**

AT CATHEDRAL, the academic experience is marked by our students’ desire to reach higher – to grow in their ability to reason through and untangle complex concepts, to grapple with difficult questions, and to refine their thinking and understanding.

As a Middle States accredited school, Cathedral offers a college preparatory curriculum that meets and exceeds state requirements.

In addition to providing a robust curriculum, Cathedral partners with various organizations to supplement academic work with real-world knowledge and training. These partners include the Association of Latino Professionals for America (ALPFA), Black Girls Smile, Congressional Hispanic Caucus Institute (CHCI), Girls Rule the Law, Girls Who Code, Invest in Girls, National Hispanic Institute (NHI), and Rock the Street, Wall Street.

**35**

Faculty Members

**345**

Years combined teaching experience

**22**

Faculty Advanced Degrees

**12:1**

Student to teacher ratio

**The Arts**

Basic Art  
Crafts  
Fashion Design  
Portfolio Art  
Music  
Studio Art

**Business, Law, and Finance Academy**

Business Organization & Management\*  
Business Law\*  
Criminal and Civil Law  
Introduction to Entrepreneurship

**English**

Advanced Placement English Language & Composition 11  
English 9, 10, 11, 12  
*(Honors and Regents Courses available)*  
English 12 – College Writing  
English 12 – Written English & Literary Studies

**Language Other Than English (LOTE)**

Advanced Placement Spanish  
American Sign Language 1, 2, 3, 4  
French 1, 2, 3, 4  
Latin 1, 2, 3, 4  
Mandarin 1, 2, 3, 4  
Spanish 1, 2, 3  
*(Native and Non-Native Courses available)*

**Mathematics**

Algebra 1 Next Generation  
*(Honors and Regents Courses available)*  
Algebra 2 Common Core  
*(Honors and Regents Courses available)*  
College Calculus  
Geometry  
*(Honors and Regents Courses available)*  
Math 12  
Pre-Calculus

**Medical Gateways Academy**

Advanced Health and Careers  
Anatomy & Physiology  
Global Issues in Health Care  
Introduction to Health  
Major Health Problems

**Physical Education**

Dance 9, 10, 11, 12  
Physical Education 9, 10, 11, 12

**Religion**

Religion 9, 10, 11, 12

**Science**

Advanced Placement Biology  
Chemistry  
*(Honors and Regents Courses available)*  
Earth Science Regents  
Forensic Science  
Living Environment  
*(Honors and Regents Courses available)*  
Physics Regents

**Social Studies**

Advanced Placement World History  
Advanced Placement US History and Government  
Advanced Placement US Government & Politics  
Global History & Geography I, II  
*(Honors and Regents Courses available)*  
Introduction to Psychology  
Introduction to Sociology  
Government & Economics  
Pre-AP World History  
US History & Government  
*(Honors and Regents Courses available)*

**STEM Academy**

Technology Foundations  
Technology II, III, IV

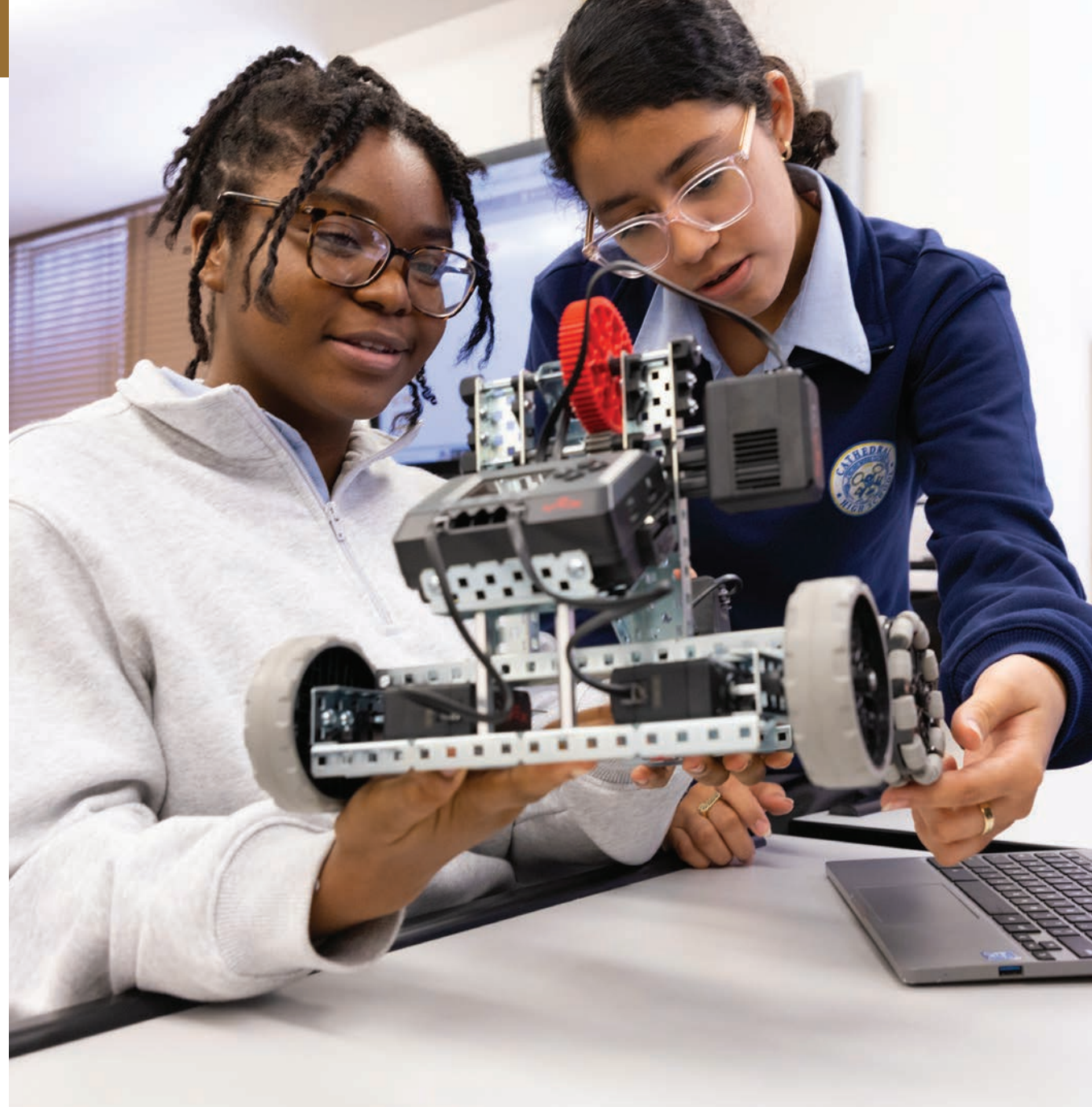
*\*Business Organization and Management and Business Law – These courses are in the sequence classes that are part of our Business Academy with St. Francis College. Students may receive three college credits from St. Francis College upon successfully completing the coursework.*



“Through Medical Gateways, I had the privilege of participating in the Memorial Sloan Kettering Cancer Center’s Science Enrichment Program. I attended lectures mainly centered around cancer biology, and toward the end of the internship, I presented my findings regarding the impact of hospital-provided services on colorectal cancer patients. This experience solidified my interest in pursuing research as a neuroscience major at Colgate University.

Zemira  
Meade

Salutatorian of the **Class of 2022**



CATHEDRAL HIGH SCHOOL is one of the only Catholic high schools in New York City with dedicated medical, business, finance, law, and STEM programs.

#### **Business, Finance, and Law Academy**

Through Cathedral’s Business, Law, and Finance Academy, students engage in a series of courses to develop their critical and analytical skills, learn about various business concentrations, and cultivate a growth-oriented mindset. Cathedralites hone their writing and public speaking skills by participating in Junior Achievement’s national business plan competition, as well as a competitive mock trial led by volunteer attorneys. Through internships at organizations such as BlackRock, Moses & Singer LLP, and Ernst & Young, students learn firsthand the power of strategy and innovation.

#### **Medical Gateways Academy**

Medical Gateways provides students with the academic background, practical experience, and confidence needed to pursue medical studies after graduation. For nearly half of Cathedral students, this program is a defining element of their high school experience. While completing the program’s rigorous academic curriculum, students spend one day per week during their junior year in a clinical internship aligned with their professional aspirations at organizations such as Memorial Sloan Kettering Cancer Center, NewYork-Presbyterian Hospital, NYU Langone Health, Hospital for Special Surgery, and Mount Sinai Health System.

#### **STEM Academy**

Within Cathedral’s STEM Academy, Cathedralites engage with hands-on applications in design and engineering. This tailored curriculum allows students to sharpen their problem-solving abilities and exposes them to disciplines such as coding, 3D printing, and robotics. For many graduates, the Cathedral STEM program serves as the catalyst for their future pursuits of science, technology, engineering, and mathematics.





**100%**

of our students graduate and are accepted into the college or university of their choice.



“We are a community. I know that when I leave Cathedral for college and a career, I will always be a Cathedralite. I’m able to attend Cathedral thanks to the support of my sponsor, and I hope to one day pay it forward to another student. I am very grateful and work hard to honor my sponsor’s belief in me!”

# Janessa Diaz

**Class of 2026**

AMONG OUR WHOLE STUDENT BODY, Cathedralites share similar characteristics of joy, perseverance, an openness to growth, and a desire to learn and thrive. We greatly value these qualities in our students and alumnae, and we look for similar attributes in eighth grade applicants.

Admission into Cathedral High School is based on academic performance, teacher recommendations, and the results of the TACHS exam (Test for Admission into Catholic High Schools). Young women with outstanding academic ability will be considered for an academic

scholarship, with preference given to those students who indicate Cathedral High School as their first choice on the TACHS exam.

All students who receive an academic scholarship will be part of the Cathedral Honors Academy, through which they will be enrolled in Honors and Advanced Placement (AP) courses and will receive an Advanced Regents Diploma upon graduation.



**Thanks to the generosity of alumnae and friends** of Cathedral High School, we are able to offer competitive scholarship and financial aid packages. Many young women develop life-long friendships with the sponsors who fund their education at Cathedral High School.

### **The Ursula Burns '76 Scholarship Program**

The Ursula Burns '76 Scholarship Program is Cathedral's most prestigious award and includes fully-funded tuition and additional financial support for programmatic experiences outside of the classroom. Each Burns Scholar is paired with a mentor, with whom the Cathedralite is required to meet on a quarterly basis. Burns Scholars are defined by academic achievement, demonstrated financial need, and leadership potential. The program is intended to provide financial support, an expanded social network, and travel opportunities for highly motivated young women from economically disadvantaged backgrounds.

One student in the incoming class will be offered the Burns Scholarship. To apply, please indicate your interest on the Cathedral High School Application for Admission and submit your financial aid form by the deadline indicated by the admission office.

A graduate of the Class of 1976, Ursula Burns is an esteemed alumna of Cathedral High School whose impact in business and in the lives of young women across the globe is truly unparalleled. Her success is a powerful testament to the value of a Cathedral education, and we thank Ms. Burns for empowering generations of Cathedralites to pursue their greatest aspirations.



“I’m so glad I was able to be a part of the Latin & Ballroom Dance Program at Cathedral this year. It allowed me to take part in a culture I didn’t know much about. I had so much fun, and now you can say I’m somewhat of an expert at dancing Cha-Cha!”

# Stephanie Peralta

**Class of 2024**

THE CULTURE OF SUPPORT and encouragement at Cathedral High School equips our students with the confidence to dive into new activities outside of the classroom. By taking on new challenges, Cathedralites develop a sense of independence while at the same time building authentic friendships with their peers.

In addition, school-wide events foster Cathedralite sisterhood throughout the year, including school dances, pep rallies, class traditions, and multi-cultural shows.

**Art Club**  
**Book Club**  
**Brainiacs**  
**Campus Ministry**  
**Crochet Club**  
**Dance Company**  
**Deaf Culture**  
**Debate Club**  
**Drama**

**Environmental Club**  
**Fashionistas**  
**French Club**  
**Girls Who Code**  
**Guitar**  
**Home Economics**  
**Latin and Ballroom Dance**  
**Mock Trial**  
**Newspaper Club**

**Robotics**  
**Spires Yearbook Club**  
**Student Ambassadors**  
**Student Council**  
**Travel & Culture Club**  
**World Youth Alliance**  
**Future Business Leaders of America (FBLA)**  
**National Honors Society (NHS)**



At the beginning of every academic year, all students have the opportunity to attend Cathedral's annual club fair to learn more about extracurricular activities. If a club doesn't yet exist, students are encouraged to collaborate with one another in founding new student groups!



“I love the sports program here at Cathedral. Being a player on the flag football team has taught me so much about teamwork, commitment, and unity. As a part of the team, I’ve grown as a person and as a communicator. I am extremely grateful that I’ve had the opportunity to be a part of Cathedral High School’s first ever flag football team!”

**Maiah Narvaez**

**Class of 2025**

AT CATHEDRAL HIGH SCHOOL, our students know deep down that nothing can stand in their way. Their drive and determination are often seen on the court and on the field, where our students stretch themselves to be great athletes, great teammates, and great women.

Whether a student-athlete aspires to become a doctor, a social worker, an author, or a civil servant, she learns grit, dedication, and perseverance through participating in school sports.

Under the direction of talented and experienced coaches and directors, Cathedral athletes grow in skill, discipline, and endurance – and they have fun doing it! Students benefit from the use of our school gymnasium and workout equipment, as well as playing fields in Central Park and Roosevelt Island.



**Cathedral's Varsity Volleyball team** claimed the 2021-2022 City Championship. They were cheered on to victory by Cathedral's mascot, Corbie the Bear. Our mascot, named after St. Corbinian, earned the nickname in our student led "Name the Bear" contest and makes special appearances at pep rallies and student games!

- Archery**
- Basketball**
- Cheerleading**
- Intramural Flag Football**
- Lacrosse**

- Soccer**
- Softball**
- Track & Cross Country**
- Trilatino Triathlon Club**
- Volleyball** (Varsity and Junior Varsity)



“I feel like I have learned a lot about my Catholic faith at Cathedral. I have become more interested in going to Mass and listen intently during religion class. I am beyond excited to follow in the footsteps of the Cathedral alumnae before me and graduate at St. Patrick’s Cathedral!”

# Melany Medina

**Class of 2025**

EACH AND EVERY STUDENT AT CATHEDRAL HIGH SCHOOL is loved and valued as a beloved daughter of God. While Cathedralites are motivated to achieve, they know that their worth is not based on what they do – they know that their worth is based on who they are.

We encourage all Cathedralites to cultivate in themselves a rich interior life by pursuing a relationship with God. Through sacramental opportunities, annual class retreats, and moments of prayer and reflection

throughout the day, we create the space for our young women to encounter the Creator in whose image and likeness they are made.

Very often, Cathedralites are then inspired to serve God and neighbor through campus ministry and numerous other volunteer opportunities. While our students come from diverse faith backgrounds, they all benefit deeply from the Catholic spiritual tradition they receive at Cathedral.



## **Women for the World Speaker Series**

At Cathedral, we define a woman for the world as a woman who knows and cultivates her God-given gifts and shares those gifts with the world. As part of the “Women for the World” speaker series, special guests are invited each month to offer reflections on their role as women of faith in the world. First-year students at Cathedral benefit from monthly seminars with these role models, who embody many backgrounds and vocations. From single women to religious sisters, and from neonatologists to lawyers, these “women for the world” are witnesses to the great joy and diversity of life in Christ.



“This year I volunteered at a Class Reunion. It was so amazing to see these women who had attended Cathedral so many years before me. I love that I have Cathedral sisters of all ages who live in so many different places! It reminds me that the Cathedral sisterhood extends far beyond just my own graduating class!”

# Loreal Cruz

**Class of 2023**

---

ONCE A CATHEDRALITE, always a Cathedralite. For all of our school’s history, our alumnae have gone on to become trailblazers. As a Cathedralite, every step forward you take honors those who came before you and paves the way for the young women who will follow in your footsteps. The Cathedral sisterhood spans generations of women from diverse racial, ethnic, and national backgrounds, and we are so thrilled that you are considering this sisterhood as part of your future.

Let’s reach higher. *Together.*





# Cathedral

H I G H S C H O O L

116 E 97th Street,  
New York, NY 10029  
212.688.1545  
[www.cathedralhs.org](http://www.cathedralhs.org)